



# The Catholic Church of St Osmund, Barnes

Parish Priest: Monsignor Canon James Cronin

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79 Castelnau, Barnes, London SW13 9RT

Website: <https://stosmunds.parishportal.net/>

## Mass Times

**Sundays:** 8.30am, 10.30am, 6.30pm

**Weekdays:** 10.00am Mon, Wed, Fri &  
6.30pm Thurs

**Confession:** Sundays 9:45am – 10:15am & 6pm - 6:20pm

**Baptisms and Weddings:** Contact the Parish

**Office Hours:** 10:00am - 2:00pm Wed, Thurs & Fri  
The parish email account is monitored regularly.

## First Sunday of Lent (A) Mass Book p. 151 Sunday, 26 February 2023

| Date                      | Time                                       | Intention   | Feast                     |
|---------------------------|--|---|---------------------------|
| Sun 26 <sup>th</sup> Feb  | 8.30am Mass<br>10.30am Mass<br>6.30pm Mass | Fr Anthony Logan RIP<br>Susie Keen RIP<br>For the Benefactors of the Parish | First Sunday of Lent (A)  |
| Mon 27 <sup>th</sup> Feb  | 10.00am Mass                               |   | Feria                     |
| Tues 28 <sup>th</sup> Feb | 10.00am                                    | Service of the Word   | Feria                     |
| Wed 1 <sup>st</sup> Mar   | 10.00am Mass                               |   | St David                  |
| Thurs 2 <sup>nd</sup> Mar | 6.30pm Mass                                |   | Feria                     |
| Fri 3 <sup>rd</sup> Mar   | 10.00am Mass                               | Vincent Herbert Egan & Family RIP   | Feria                     |
| Sun 5 <sup>th</sup> Mar   | 8.30am Mass<br>10.30am Mass<br>6.30pm Mass | Agnes Foley RIP<br>Catherine and James Sacré RIP                            | Second Sunday of Lent (A) |

## Reflection

### The Fast/ Feast Life:

Fast from judging others;

Feast on Christ dwelling in them.

Fast from fear of illness;

Feast on the healing power of God.

Fast from words that pollute;

Feast on speech that purifies.

Fast from discontent;

Feast on gratitude.

Fast from anger;

Feast on patience.

Fast from pessimism;

Feast on hope.

Fast from negatives;

Feast on encouragement.

Fast from bitterness;

Feast on forgiveness.

Fast from self-concern;

Feast on compassion.

Fast from suspicion;

Feast on truth.

Fast from gossip;

Feast on purposeful silence.

Fast from problems that overwhelm;

Feast on prayer that sustains.

Fast from anxiety;

Feast on faith.

(Author Unknown)

Lent can be a time for prayerful reflection. It can be a time to live our faith in a new way. Some suggestions:

1. Set aside a time for prayer each day - it can be 5 minutes. Perhaps use the Sunday or weekday Mass readings to help. A time to be still and place oneself in God's presence.
2. Attend a weekday mass: Mon, Wed, Fri, 10am, and Thurs 6.30pm.
3. Pray the Rosary - an information sheet is available in the narthex.
4. Stations of the Cross, Sunday 5pm.
5. Choose a charity to support this Lent as your almsgiving / choose something good to do.
6. Fast - not only from food but from all that does not build God's Kingdom.

### **World day of Prayer (formerly Women's day of Prayer)**

Friday 3 March Barnes Baptist Church, Lonsdale Rd at 2pm. Refreshments will be served after the service. WDP is an international ecumenical organisation which enables women all over the world to share the ideas and concerns of the writing country (this year Taiwan). The theme this year is from the Ephesians: I have heard about your faith.

### **Growing in Faith Together Sycamore**

This is an online course exploring our Catholic faith and is suitable for individuals and couples alike. It runs throughout Lent, with weekly one-hour sessions on Tuesday evenings from 8-9pm starting on February 28. For more details or to register, visit the website: Growing in Faith Together - Agency for Evangelisation and Catechesis ([rcaos.org.uk](http://rcaos.org.uk))

### **Pope Francis' February Prayer Intention**

For Parishes: We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

### **St Osmund's Primary School Consultation**

St Osmunds School are consulting stakeholders on their desire to join Christ the Redeemer Catholic Education Trust. To find out more and submit feedback, go to [www.ctrcet.org.uk](http://www.ctrcet.org.uk) by Fri 3 Mar 2023.

### **Foodbank**

Our local food bank are currently short of tinned items such as meat, chicken stew, rice pudding, custard, etc., and long-life milk and razor blades.

### **Alpha Course**

Take time out to discuss: 'Is there more to life than this?' Every Wednesday evening until 29 March from 7:30 - 9:15pm at St. Osmund's School Hall (next to Gail's Bakery in central Barnes). Please bring a friend. For more information, see <https://alpha.org/>. To sign up, please email: [Alphasaintosmunds@gmail.com](mailto:Alphasaintosmunds@gmail.com)

### **Confirmation**

Our Confirmation programme begins on Sunday 26 February. We have over 20 young people who are asking to be confirmed. Please keep them in your prayers as they begin their course.

### **The Lent Retreat 2023: "Renewed in Hope"**

Make some space to develop your relationship with God this coming Lent. Sign up for the Diocesan Lent Retreat "Renewed in Hope". Every week you will receive an email with links to a 20-minute video in which Archbishop John will introduce the theme and the reading, Chris Chapman will deliver the retreat programme and a witness will speak of the relevance in their daily life. You will also receive materials to use in your own prayer and reflection. All you have to have to do is sign up: <http://eepurl.com/hVT7Dv>, set aside what space you can for reflection, and join us in being Renewed in Hope!

### **Radio Maria: Catholic radio station**

The 24hr broadcast from London includes talk shows about life as a Catholic, daily catecheses, live prayer, and music. Available on DAB+ radio (Radio Maria England), the Radio Maria Play app for smartphones and tablets, the live-player on [www.radiomariaengland.uk](http://www.radiomariaengland.uk) and the Amazon Alexa device. Podcasts are also available. Find out more: [info@radiomariaengland.uk](mailto:info@radiomariaengland.uk) or 0300 302 1251.

### **Sick List**

For the sick and the suffering, especially Andrew Brodrick-Ward, Susan Kelsey, Maggie Danby, Maureen Carr, Eddie Henshaw, Charles Stiller, Serge Moussalli and Bridget Jabour.

### **In Remembrance**

For those who have died recently and those whose anniversaries occur around this time: John Chick, Jan Pienkowski, Ann Nugent, Joseph O'Neill, Daphne Barton, Norah Margaret Pollard, Joan Lewis, Gita Furber, Frederick Wood, James Sacré, Margaret Murray, Kate Morgan and Margherita Maria Bruni.

### **Ave Regina Caelorum:**

*Ave Regina Caelorum, Ave Domina Angelorum:  
Salve, radix, salve, porta, Ex qua mundo lux est orta:  
Gaude, Virgo gloriosa, Super omnes speciosa,  
Vale, o valde decora, Et pro nobis Christum exora.*